

# Hip Protector Buyer Guide

## Styles of Hip Protector

### Slim-fit Under Clothes

- Day and night protection
- Comfortable and discrete



HipSaver Slim fit



SafeHip Classic

### Open Under Clothes

- Changes by caregivers are easy
- Open bottom allows use of a continence product



HipSaver Open-Bottom



SafeHip Classic Open

### Pants and Shorts

- Good for active people
- Good for use at home, outdoors, or as pajamas
- Easy to pull up and down
- Can be worn with continence products



HipSaver SoftSweats

### Over Clothes

- Can be worn over normal clothing
- Easy to wear with Velcro closure
- Not for patients with cognitive difficulty



SafeHip Active

**Please Note:** Hip Protectors are exempt from GST/HST when a Medical prescription is provided at the time of ordering. For Safehip – OT/PT/RN/Dr can sign the Rx field on the order form.

RX: Client Name: \_\_\_\_\_ Hip Circumference: \_\_\_\_\_

DR / PT / OT / RN: \_\_\_\_\_ Name: \_\_\_\_\_

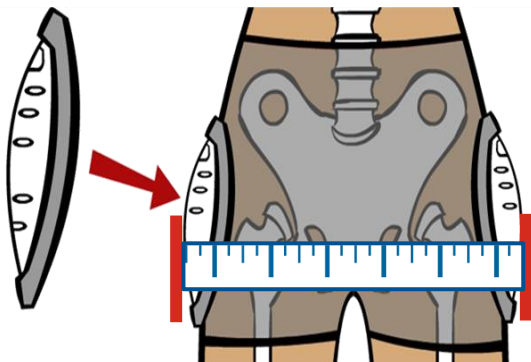
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## How do hip protectors work?

- Hip protectors have comfortable shields on the inside.
- Hip protectors absorb the impact from a fall. They disperse the force away from your hips.

## Get the right size for you

- Measure around the widest part of your hips (hip circumference). Each company's website has guidelines or size charts.



## Caring for your hip protectors

- Machine wash and dry. **Do not** use bleach.

## How often should I wear hip protectors?

- Wear your hip protectors day and night. Hip protectors only work if you wear them. Falls can happen day or night. They are comfortable, just like regular clothes or pajamas.

## How much do hip protectors cost?

- Prices vary. Most extended health plans do not cover hip protectors, but check to be sure with your health plan administrator.

**You are 3 times less likely to break your hip in a fall when wearing hip protectors.**

---

## How to buy

### HipSaver Canada

Phone: 1-888-771-0977

Fax: 1-519-235-3287

Email: [cs@hipsaver.com](mailto:cs@hipsaver.com)

[hipsaver.com](http://hipsaver.com)

[brownhealthcare.com/index.php?cPath=112](http://brownhealthcare.com/index.php?cPath=112)

(order online – use discount code “FACILITY”)

### SafeHip

Phone: 1-866-609-6827

Fax: 1-866-614-5619

Classic – foam shield

AirX – breathable shield

[info@lighthousemedicaltd.com](mailto:info@lighthousemedicaltd.com)

[homehealthsupplyshop.ca](http://homehealthsupplyshop.ca)

(order online – use discount code “FACILITY”)